

The Wisdom of the Shuffle

by Geoff A. Hunt

step 1: Choose 10 recordings of any type of music, talking, or random sounds and put them on an MP3 player so that tracks from among those 10 will be played at random.

step 2: Use an earpiece in your left ear to listen as you practice or perform, the aim being to listen to a random track and then improvise based on your feelings and impressions of the track. You may choose to immitate the track if you wish.

step 3: Continue to improvise until all 10 tracks have played through once.